# BREAKFAST

# FARM FRESH

#### **ALL CANADIAN 22**

Free Run Eggs Any Style | Bacon | Maple Sausage



Order an All Canadian Breakfast and we will gladly donate \$1 to help the kids at the Stollery Children's Hospital

#### CLASSIC OMELETTE 21

Ham | Cheese | Scallions | Pepper | House-blend Cheese

#### **VEGETARIAN OMELETTE 21**

Egg Whites | Mushrooms | Spinach | Gem Tomatoes | Scallions

#### STEAK & EGGS 30

4 oz Beef Skirt | Free Run Eggs Any Style

#### **EGGS BENEDICT**

#### TRADITIONAL 22

English Muffin | Back bacon | Free Run Poached Eggs | Hollandaise Sauce

#### SMOKED SALMON 23

English Muffin | Free Run Poached Eggs | Pickled Red Onions | Capers | Hollandaise Sauce

All served with Smashed Potatoes and Bakery Toast

# MORNING SPECIALTY

#### BLT BREAKFAST SANDWICH 23

Two Free Run Fried Eggs | Bacon | Smoked Aged Cheddar | Lettuce | Tomatoes | Fruit Cup

#### AVOCADO TOAST 21

Two Free Run Poached Eggs | Smashed Avocado | Gem Tomatoes | Arugula | Glazed Balsamic | Ricotta Cheese |

#### CONTINENTAL BREAKFAST 19

Freshly Baked Croissant | Muffin | Flavored Yogurt | Preserved Jam | Fruit Cup

#### CHICKEN WAFFLES 26

Bourbon Maple Syrup | Whipped Cream | Fruit Cup

#### **BRIOCHE FRENCH TOAST 20**

Berries | Pecan | Whipped Cream

#### OVERNIGHT MUESLI 18

Roasted Coconut | Almond Flakes | Dried Cranberries | Pistachios

#### STEEL CUT OATMEAL 15

Caramelized Banana | Berries

#### PARFAIT 15

Vanilla Yogurt | Granola | Berry Compote

## BEVERAGE

#### **STARBUCKS** ®

Starbucks® Fresh Brew Starbucks® Espresso 41/2 Starbucks® Latte  $5\frac{1}{2}$ Starbucks® Cappuccino 5

#### TEAVANA® TEA 4½

English Breakfast | Earl Grey | Chamomile Blush | Harmonic Mint | Classic Chai | Hibiscus Herbal Spice | Jasmine Citrus Green

Orange | Cranberry | Apple | Grapefruit | Pineapple | Tomato

Pepsi | Diet Pepsi | 7up | Iced Tea

#### SAN PELLEGRINO 500 ML 5

#### KOMBUCHA (414ML) 7

Hibiscus and Rose Montreal

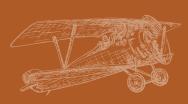
#### WELL JUICES (33ML) 7

Well Greens | Be Well | Orange

## ENHANGEMENT

FREE RUN EGG	3
THREE RASHERS BACON	6
SMASHED POTATOES	5
YOGURT, PLAIN	4
YOGURT, FLAVORED	5
TOAST	4

WE PRIDE OURSELVES ON A FARM-TO-TABLE. FARM-TO-GLASS APPROACH, USING LOCAL ORGANIC, SUPPLIERS WHENEVER POSSIBLE, WE SEEK OUT THE FRESHEST INGREDIENTS DAILY. THE RESULT? HIGH-QUALITY DISHES WITH GREAT VALUE THAT SUPPORT THE LOCAL ECONOMY. EAT WELL, FEEL GOOD.



Did you know...District 102 is located on the land that was once the warehouse district, and the first licensed airfield in Canada? Blatchford Field Airport commenced operation in 1929. Pioneering aviators Wilfrid R. "Wop" May and Max Ward used Blatchford Field as a major base for distributing mail, food, and medicine. In WWII this area became a pivitol contributor for the Gateway to the North.

You can see an aviation theme embedded in our design - with turbine shaped lighting, hammered metal, reclaimed wood, leather and exposed brick. The feature wall behind the bar resembles the lapel on the uniforms pilots wore during that era.







# DISTRICT 192

DRINK + EATERY